

The Temple, Congregation B'nai Jehudah



MITZVAH DAY

MAY 2, 2010

*A Congregational-Wide
Community Service Day*

www.mitzvahdaykc.org

Nurturing Jewish Meaning, Connection, Continuity

Mitzvah Day is being generously underwritten by the Sisterhood of The Temple, Congregation B'nai Jehudah

IMPORTANT INFORMATION FOR MITZVAH DAY

Please return your form by **MONDAY, APRIL 12** to facilitate your request.

11:00am - 11:30am: Register and pick up T-shirts.

11:30am: Pick up lunch (provided by Silver Spoon Catering) and eat in the Flo Harris Social Hall or Pod area.

12:15pm: Meet in the Social Hall & take group Mitzvah Day picture.

12:30pm: Meet with Project Captain.

12:45pm: Depart to your assigned activity.

Projects should be completed between 3:00pm - 4:00pm.



Name: _____

Phone: _____ E-mail: _____

Names and Ages (if under 18) of Other Participants: _____

Projects will be filled on a first-come basis. Mark your choices by number from the Mitzvah Day Projects list.

FIRST CHOICE PROJECT # _____ SECOND CHOICE PROJECT # _____

You will receive a postcard a few days prior to Mitzvah Day informing you of your project.

Yes, I will cut and donate my hair to Pantene Beautiful Lengths

I want my dollars to count in making a difference in our community. Here's my tax-deductible donation to help with other Mitzvot of the congregation.

- | | |
|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> \$18.00 | <input type="checkbox"/> \$250.00 |
| <input type="checkbox"/> \$36.00 | <input type="checkbox"/> \$500.00 |
| <input type="checkbox"/> \$100.00 | <input type="checkbox"/> Other: _____ |

EACH PARTICIPANT WILL RECEIVE A COMPLIMENTARY T-SHIRT AND LUNCH

To insure requested sizes, order forms **MUST** be received by Monday, April 12.

MITZVAH DAY T-SHIRTS (indicate quantity, one for each participant):

ADULT Sm ___ Med ___ Lg ___ XL ___ XXL ___ XXXL ___

YOUTH Sm ___ Med ___ Lg ___

LUNCH, (indicate quantity): PBJ ___ Turkey ___ Veg ___

For information, please contact Mitzvah Day co-chairs

Debbie Ball (913-685-0869; jdsball@sbcglobal.net) or Lauren Levin (913-634-4327; libbyben@sbcglobal.net) or Staff Liaison Rabbi Alexandria Shuval-Weiner (913-663-4050 x220; rabbiasw@bnaijehudah.org).

Mitzvah Day Projects

- (1) B'NAI JEHUDAH
COMMUNITY GARDENS
Planting & clean-up
B'nai Jehudah - All Ages
- (2) COMMUNITY LINC
Cleaning & planting flower beds
4012-14 Troost, KCMO - Ages: 5+
- (3) ELMWOOD CEMETERY
Clean-up B'nai Jehudah Section
4900 Truman Road - All Ages
- (4) RESTART
Plant vegetable and flower gardens
918 E. 9th, KCMO - All Ages
- (5) SHEPHERD'S CENTER
Spring yard clean-up
Waldo/Brookside Area - All Ages
- (6) THE JEANNETTE & JEROME COHEN
RETREAT CENTER
Build benches for play ground
Retreat Center - All Ages
- (7) HARVESTERS
Sort and package food and household items
3801 Topping, KCMO - Ages: 5+
- (8) JEWISH VOCATIONAL
SERVICES WAREHOUSE
Sort clothes and food pantry items
1608 Baltimore, KCMO - Ages: 10+
- (9) MICAH MINISTRY
Sort and assemble toiletry bags
B'nai Jehudah - All Ages
- (10) SAFEHOME
Organize and sort clothing, food or toiletries
Northern OP - Ages: 16+
- (11) CIRCLE OF HOPE BRACELETS
Assemble beaded bracelets
B'nai Jehudah - Ages: 12+
- (12) INDEPENDENCE BLVD. CHRISTIAN CHURCH
SOUP KITCHEN (MICAH MINISTRIES)
Prepare a meal for the soup kitchen
B'nai Jehudah - Ages: 12+
- (13) JOHNSON COUNTY FOOD MINISTRY
SOUP KITCHEN
Prepare a dry soup mix
B'nai Jehudah - All Ages
- (14) OPERATION BREAKTHROUGH
Cut and tie fleece blankets.
B'nai Jehudah - Ages: 5+
- (15) PB&J
Make Peanut Butter & Jelly sandwiches
B'nai Jehudah - All Ages
- (16) RESTART
Prepare and deliver meals
Prep: B'nai Jehudah - All Ages
Deliver: 918 E. 9th, KCMO - All Ages
- (17) RONALD MCDONALD HOUSE
Prepare a meal/light cleaning
2502 Cherry Street, KCMO - Ages: 10+
- (18) UNIVERSITY ACADEMY
Create, assemble and decorate 600 journals
B'nai Jehudah - All Ages
- (19) BOYS HOPE / GIRLS HOPE
Join B'nai Jehudah's Youth Group as they accompany
10-17-year-old children to bowling.
7930 State Line Road, KCMO - Ages: 13+
- (20) CHESED VISITS
Visit and deliver treats to homebound members
Individual Homes - All Ages
- (21) REDEMPTRIST CENTER
Decorate gift bags
B'nai Jehudah - All Ages
- (22) SPOFFORD HOME
Accompany kids to Deanna Rose Farmstead
9700 Grandview Road, KCMO - Ages: 12+
- (23) T.A.R.A.
Dog walking, pet bathing, kennel help
10014 E. 47th Street, KCMO - All Ages
- (24) TLC FOR CHILDREN/FAMILIES
Accompany 15-30 youth bowling
Bowling Center To Be Determined - Ages: 21+
- (25) VILLAGE SHALOM
Help residents view art exhibit.
Village Shalom - All Ages



beautiful lengths
make the kindest cut of all

Perform a Mitzvah before your Mitzvah Project

Cut and donate your hair (must be at least 8 inches) to Pantene Beautiful Lengths, which will be used to make free wigs for women that have lost their hair due to cancer treatment.